

WELCOME



At Bell Medical Tattooing, we understand that choosing restorative treatment is a deeply personal decision.

Whether you've experienced surgery, injury, burns, scarring or pigmentation loss, every treatment begins with listening.

We take the time to understand your journey, assess your individual needs and create a personalised treatment plan tailored specifically to you.

Our aim is simple:
To deliver safe, natural-looking results with honesty, professionalism and compassion.

This portfolio introduces our treatments, clinical standards and the philosophy that guides every client journey.

MEET SAM



My name is Sam Bell, founder of Bell Medical Tattooing and a specialist in restorative medical tattooing.

I am passionate about helping people regain confidence following surgery, injury, burns, scarring and pigmentation loss through safe, personalised treatment plans.

Every client begins with a comprehensive consultation where I take the time to understand their journey, assess their individual needs and create a treatment plan tailored specifically to them.

Combining advanced training with compassionate, patient-centred care, my focus is always on achieving subtle, natural-looking results while providing honest advice and realistic expectations every step of the way.

"Every treatment starts with a conversation. My role is to listen first, then create a treatment plan that helps you feel more confident in your own skin." --Sam Bell

Qualifications & Professional Standards

- Advanced Medical & Restorative Tattooist
- Advanced Scar Camouflage
- MCA (Multi-Trepannic Collagen Actuation)
- Scalp Micropigmentation
- 3D Areola Reconstruction
- Bloodborne Pathogens Certified
- Emergency First Aid at Work
- Fully Licensed & Insured

WHY CHOOSE BELL



- ✓ Consultation-led care
- ✓ Trained by one of the UK's leading medical tattoo academies
- ✓ Bespoke colour matching
- ✓ Natural-looking results
- ✓ Honest advice and realistic expectations
- ✓ Fully licensed and insured

Every treatment I offer is backed by advanced, specialist training and a commitment to continuous professional development.

I have chosen to personally invest in every stage of my education, funding each course myself to ensure I can provide the highest standard of care in the treatments I am most passionate about.

My advanced scar camouflage training was completed with Ink Illusions, one of the UK's leading academy's of medical and restorative tattoo training. Combined with ongoing education and a consultation-led approach, this allows me to deliver safe, personalised treatments with honesty, professionalism and realistic expectations at every stage of your journey.

TREATMENTS

3D Areola Reconstruction



Self Harm Scar Restoration



Pigmentation Loss Restoration



Scar Revision



MCA Stretchmark Revision



Scalp Micro-Pigmentation



YOUR JOURNEY

Every treatment begins with understanding your story



Consultation

We discuss your concerns, medical history, treatment goals and answer any questions you may have.

Assessment

Your skin, scar or treatment area is carefully assessed to determine suitability and the most appropriate treatment approach.

Personalised Treatment Plan

A bespoke treatment plan is created specifically for you, including treatment recommendations, expected outcomes and aftercare guidance.

Treatment

Your procedure is carried out in a fully licensed, professional environment using advanced techniques tailored to your individual needs.

Healing

Every client receives comprehensive aftercare guidance and ongoing support throughout the healing process.

Review

Once healing is complete, we review your results together and discuss whether any further treatment would help you achieve the best possible outcome.

SCAR CAMOUFLAGE



Restoring confidence with compassion, understanding and respect.

Healed self-harm scar camouflage is a specialist treatment designed to soften the appearance of fully healed scars using bespoke colour matching techniques.

Every journey begins with a private, consultation-led assessment where we take the time to understand your goals, assess your scars and determine whether treatment is suitable. There is never any judgement or pressure—only honest advice and compassionate support.

Treatment is tailored to each individual, with the aim of helping scars blend more naturally with the surrounding skin while maintaining realistic expectations. Depending on the appearance and maturity of the scars, multiple sessions may be recommended to achieve the best possible outcome.

- Suitable for
- ✓ Mature, fully healed self-harm scars
 - ✓ Surgical scars
 - ✓ Trauma scars
 - ✓ Burn scars
 - ✓ Scars with pigment loss
 - ✓ Stable white or pale scars suitable for colour restoration

Treatment is available for adults aged 18+ whose scars are fully healed. Suitability is assessed during your consultation.

PIGMENTATION RESTORATION



Pigmentation restoration is a specialist medical tattooing treatment designed to improve the appearance of areas where natural skin colour has been lost. Using bespoke colour matching, pigments are carefully blended to complement your individual skin tone and create subtle, natural-looking results.

Every treatment begins with a comprehensive consultation to assess your skin, determine suitability and create a personalised treatment plan. Depending on the area being treated, more than one session may be recommended to achieve the best possible outcome.

Suitable for

- ✓ Hypopigmentation
- ✓ Stable vitiligo (following assessment)
- ✓ Healed surgical scars with pigment loss
- ✓ Burn scars
- ✓ Skin grafts
- ✓ Areas where pigment has faded following injury

MCA SCAR REVISION



Restoring scars by encouraging your skin's natural healing response.

MCA (Multi-Trepannic Collagen Actuation) is an inkless scar revision treatment that stimulates your body's natural collagen production to improve the appearance, texture and flexibility of scar tissue.

Unlike scar camouflage, MCA does not use pigment. Instead, it works by encouraging the skin to regenerate naturally, helping scars become smoother, softer and blend more evenly with the surrounding skin over time.

Every treatment begins with a comprehensive consultation to assess your scar, determine suitability and create a personalised treatment plan.

Depending on the scar, multiple sessions may be recommended to achieve the best possible improvement.

Suitable for

- ✓ Surgical scars
- ✓ Trauma scars
- ✓ Burn scars
- ✓ Stretch marks
- ✓ Atrophic (indented) scars
- ✓ Mature scars with texture changes

STRETCH MARK CAMOUFLAGE



Restoring confidence by improving the appearance of stretch marks. Stretch Mark Revision (MCA) is an advanced inkless treatment designed to stimulate your skin's natural collagen and elastin production. Rather than adding pigment, MCA encourages the skin to repair itself from within, helping stretch marks become smoother, softer and blend more naturally with the surrounding skin.

Every treatment begins with a comprehensive consultation to assess your skin, determine suitability and create a personalised treatment plan. Because every client heals differently, multiple sessions may be recommended to achieve the best possible improvement.

- Suitable for
- ✓ White stretch marks (striae alba)
 - ✓ Mature stretch marks
 - ✓ Abdomen
 - ✓ Thighs
 - ✓ Hips
 - ✓ Buttocks
 - ✓ Arms
 - ✓ Breasts

3D AREOLA RECONSTRUCTION



Restoring confidence through specialist 3D areola tattooing. 3D Areola Reconstruction is a specialist medical tattooing treatment designed to recreate the appearance of a natural-looking nipple-areola complex following breast surgery or reconstruction.



Using advanced colour matching and three-dimensional tattooing techniques, every treatment is individually tailored to complement your skin tone and anatomy, creating soft, realistic results that complete your reconstruction journey.



Every treatment begins with a private consultation where we discuss your goals, assess your skin and develop a personalised treatment plan. Treatment is carried out in a safe, professional environment with your comfort, dignity and wellbeing at the heart of every appointment.

CLINICAL STANDARDS



Clinical Standards

- ✓ Fully licensed and insured
- ✓ Bloodborne Pathogens certified
- ✓ Emergency First Aid at Work qualified
- ✓ Single-use, sterile consumables
- ✓ Medical-grade infection prevention protocols
- ✓ Licensed clinical waste disposal
- ✓ Comprehensive consultation and informed consent
- ✓ Detailed aftercare guidance and ongoing support

Our Commitment to Safe Practice

Every treatment at Bell Medical Tattooing is carried out in accordance with strict clinical hygiene and infection prevention procedures. From consultation through to aftercare, your safety, comfort and wellbeing remain our highest priority.

"Your trust is never taken for granted. Every treatment is carried out with the same level of care and professionalism I would expect for my own family!"

Sam Bell



THANK YOU

Thank you for taking the time to learn more about Bell Medical Tattooing.

Choosing restorative medical tattooing is a deeply personal decision, and I appreciate the opportunity to introduce you to my work.

Whether you're seeking treatment following surgery, injury, scarring or pigmentation loss, every consultation begins with listening to your story and creating a treatment plan tailored specifically to you.

I look forward to welcoming you and supporting you throughout your journey.

Get in Touch



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Grangemouth, Central Scotland

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